



**WEIGHT
REDUCTION**



YO'CURES
Obesity & Back - Neck Pains Clinic

INSTITUTE OF NATUROPATHY & YOGA THERAPY
8-3-988/11/2, SBH Extn Colony, Srinagar Colony, Hyderabad-500073

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WEIGHT REDUCTION

Inch loss, Tummy Tucks, Body Shaping, Figure correction, Skin tightening, Body wraps, Kellogg's Massage with oil, cream, gel, Powder, G5 Massage, Exfoliation massages, Mud packs, Steam Bath, Herbal bath, Aroma therapy, Jacuzzi-Whirlpool bath, metabolic rate enhancement therapy, Breast Shaping-lifting-reduction, post lipo-suction Massages, Massages after deliveries.

YOGA

Yoga for fitness & weight reduction, IAYT, Grabh's Power Yoga, Yoga before & after Pregnancy Weight Watcher's Yoga, Yoga therapy for Medical Problems, Core Yoga, height increasing Yoga, Meditation.

SKIN TREATMENTS

De-pigmentation, Skin Whitening, pimples, under eye dark circles, Wrinkle free, skin tightening, warts removal, Body polishing, Face lifting and double chin removal.

HAIR TREATMENTS

Hair fall, Dandruff, Hair regrowth treatments & hair colouring, Hair Spa Deep Conditioning, Hair straightening, Hair perming-crimping, Hair Highlighting Hair dye, Hair Special care, Henna.

BEAUTY CARE

Facials, Bleaching, Waxing, Manicure, Pedicure, Threading, Clean-ups for face, neck, back, hands, legs, Hair cuts, Body polishing, Ear Piercing and many more beauty facilities

PAINS CARE

Physiotherapy-Tens, Us, IFT, Traction, SWD, Muscle Stimulator, Wax Therapy Exercise therapy, Acupuncture, Magnetotherapy, Medicated Massage, Chiropractic Manipulations, Infrared treatment.

SPECIAL TREATMENTS

Nature cure Weight reduction programme, promotion of positive health(PPH),

eye sight improvement(ESI), Diet counselling(DC), Back-Neck-Knee-Shoulder pains (BANKS), Rejuvenation programme for Diabetics, Asthma, Sinusitis, Cholesterol, Heart disease reversal, Anxiety Neurosis & depression, Paralysis Rehabilitation programme.

DIAGNOSTIC METHODS

Fat Analysis, Stress assessment Test, Personality inventory test, Memory & Concentration test, Iridiagnosis.

MESH

Stress management for corporate sectors

ACADEMICS

Yoga instructors course, Beautician Course.